

FUTURE IN FOCUS ORIENTATION SESSION

Orientation Session for Parents/Significant Adults



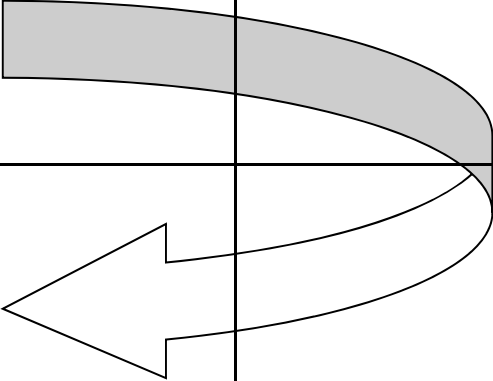
Future to Discover



Objectives

- To demonstrate the central role that parents/significant adults play in supporting the transition from high school
- To reassure you that you already have what it takes to give your teen what they need
- To give you a flavour for what students will experience in the Future in Focus workshop series and to engage you in supporting the process
- To provide some practical tips, resources and tools that will support you in your role as a “transitions ally” for your teen
- To invite you to the final celebration for your teen

SITUATION	THOUGHTS/ FEELINGS	ACTIONS	CONSEQUENCES
<p>STOP</p>	<p>Take stock of my initial thoughts and feelings</p> <p>Remember "I have a choice"</p>	<p>Choose an action that will move me in the direction of my preferred future</p>	<p>Move a step closer to my preferred future</p>



Circle of Allies

